Knowledge Upon Precepts
EMPOWERING OTHERS TO MAKE LASTING CHANGE

Life Reflections

Course Objectives & Topics

The Life Reflections study is a continuation of the Refining Silver: Living in His Presence, The Journey back to me series. The Refining Silver workshop is really an explanatory journey for those who are in the place called "There", the place where you have discovered you are not who you thought you were, but you are not who God has called you to be. Where you realize there is something more to this Christian walk, but you just don't know what to do next on the road to wholeness. It is a spiritual ping, that helps you to recognize what time you are living in; in the past in depression, anxiously running toward the future, or in the present where you can actually implement change. And just as a GPS needs a starting point and so do you.

The scriptural context for workshop 1 is found in Exodus 13:17-18 (The Mess) 17 It so happened that after Pharaoh released the people, God didn't lead them by the road through the land of the Philistines, which was the shortest route, for God thought, "If the people encounter war, they'll change their minds and go back to Egypt."18 So God led the people on the wilderness road, looping around to the Red Sea. The Israelites left Egypt in military formation. Much like the Israelites, we were born for greatness, however somewhere along the way life went off script. The trials, heartbreaks, and circumstances of life have chipped away at our true identity to the point that we no longer know who we are. God sent the Savior to provide salvation: the beginning of our Wilderness Experience. A time to forgive, be delivered, and set free from the bondage of sin. A time where we begin the process of becoming a new creation in Christ Jesus. Where we begin to unravel ourselves from the lies the world has told us and begin to learn who Our Father in heaven created us to be. Salvation, the key to eternal life is only the first step, not the end.

Life Reflections picks up the next leg of the journey, beginning to evaluate life experience, perceptions and choice and how they support or detract from God's purpose for our lives. We begin to look for God's handy work in every experience the good, the bad and the ugly using Romans 3-8 as a guide or stepping stone. The core focuses of this study are:

- We are not perfect (lack of righteousness)
- God's plan for redemption (Jesus)
- Trusting God (Faith, Grace & Hope)
- Developing Patience
- The gift of life & death in Christ
- What is true freedom?

- Living on God's terms